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The Philosophical Concept of the Five Spirits (Panca Jiwa) of Darussalam Gontor Alumni Islamic Boarding Schools in Shaping Students' Character: A Case Study of Darul Istiqamah Islamic Boarding School Barabai and Al Islam Agricultural Technology Islamic Boarding School Tabalong

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Abstract

This study aims to analyze the philosophical concept of Panca Jiwa of the Darussalam Gontor Alumni Boarding School and its implementation in the character formation of students at the Darul Istiqamah Barabai Islamic Boarding School and the Al Islam Tabalong Agricultural Technology Islamic Boarding School. Panca Jiwa, which includes sincerity, simplicity, independence, Islamic brotherhood, and freedom, is seen as the philosophical foundation of Islamic boarding school education that is oriented towards the integral formation of students' personalities. This study uses a qualitative approach with a case study method. Data collection techniques are carried out through observation, in-depth interviews, and documentation, while data analysis uses an interactive analysis model. The results of the study indicate that the values of Panca Jiwa in both Islamic boarding schools are internalized through the education system, Islamic boarding school culture, the exemplary behavior of kiai and ustaz, as well as intracurricular and extracurricular activities. The implementation of Panca Jiwa contributes significantly in shaping the character of students who are noble, disciplined, independent, have a spirit of togetherness, and are responsible in social and religious life. This study concludes that the Panca Jiwa philosophy of the Darussalam Gontor Alumni Boarding School is relevant and effective as a basis for developing the character of students in the context of modern and diverse Islamic boarding schools.

Keyword: Philosophical Concept, Panca Jiwa, Darussalam Gontor Alumni Boarding School.

Abstrak

Penelitian ini bertujuan untuk menganalisis konsep filsafat Panca Jiwa Pondok Alumni Darussalam Gontor serta implementasinya dalam pembentukan karakter santri di Pondok Pesantren Darul Istiqamah Barabai dan Pondok Pesantren Teknologi Pertanian Al Islam Tabalong. Panca Jiwa yang meliputi keikhlasan, kesederhanaan, kemandirian, ukhuwah Islamiyah, dan kebebasan dipandang sebagai landasan filosofis pendidikan pesantren yang berorientasi pada pembentukan kepribadian santri secara integral. Penelitian ini menggunakan pendekatan kualitatif dengan metode studi kasus. Teknik pengumpulan data dilakukan melalui observasi, wawancara mendalam, dan

dokumentasi, sedangkan analisis data menggunakan model analisis interaktif. Hasil penelitian menunjukkan bahwa nilai-nilai Panca Jiwa di kedua pesantren tersebut diinternalisasikan melalui sistem pendidikan, kultur pesantren, keteladanan kiai dan ustaz, serta kegiatan intrakurikuler dan ekstrakurikuler. Implementasi Panca Jiwa berkontribusi signifikan dalam membentuk karakter santri yang berakhlak mulia, disiplin, mandiri, memiliki jiwa kebersamaan, serta bertanggung jawab dalam kehidupan sosial dan keagamaan. Penelitian ini menyimpulkan bahwa filsafat Panca Jiwa Pondok Alumni Darussalam Gontor relevan dan efektif sebagai dasar pembinaan karakter santri dalam konteks pesantren modern dan beragam.
Kata Kunci: *Konsep Filsafat, Panca Jiwa, Pondok Alumni Darussalam Gontor*

A. Introduction

Islamic boarding schools (pesantren) are Islamic educational institutions that play a strategic role in shaping the character, morals, and personality of their students as a whole (Hasanah, 2021). Pesantren serve not only as centers for the transmission of Islamic knowledge but also as institutions for fostering morality, spirituality, and independence in social life (Hafiduddin, 2021). This aligns with the goals of Islamic education, which emphasize a balance between intellectual, spiritual, and moral aspects, as affirmed in the Qur'an:

هُوَ ٱلَّذِى بَعَثَ فِى ٱلْأُمِّيِّـۧنَ رَسُولًا مِّنْهُمْ يَتْلُواْ عَلَيْهِمْ ءَايَٰتِهِۦ وَيُزَكِّيهِمْ وَيُعَلِّمُهُمُ ٱلْكِتَٰبَ وَٱلْحِكْمَةَ

Meaning: "It is He who sent among the illiterate people a Messenger from among themselves, reciting to them His verses, purifying them, and teaching them the Book and wisdom."*(QS. Al-Jumu'ah: 2)* (Ministry of Religion of the Republic of Indonesia, 2019)

This verse emphasizes that the Islamic education process is not only oriented towards teaching knowledge, but also towards purifying the soul (tazkiyatun nafs) and character formation.

One Islamic boarding school known for its strong educational system and philosophy of life is the Darussalam Gontor Modern Islamic Boarding School. This boarding school develops a concept of fundamental values known as the Panca Jiwa, namely:*sincerity, simplicity, independence, Islamic brotherhood,* And *free soul*(Baiquni, 2018). These five values serve as the philosophical foundation for all aspects of Islamic

boarding school life and are aimed at developing students who are noble, independent, and responsible (Zarkasyi, 2005).*Islamic Boarding School Management: The Experience of Darussalam Gontor Modern Islamic Boarding School.* Ponorogo: Trimurti Press.. The value of sincerity in the Panca Jiwa is in line with the word of Allah SWT:

وَمَآ أُمِرُوٓاْ إِلَّا لِيَعۡبُدُواْ ٱللَّهَ مُخۡلِصِينَ لَهُ ٱلدِّينَ

Meaning: "Yet they were not commanded except to worship Allah by purifying their obedience to Him."*(QS. Al-Bayyinah: 5)*(Ministry of Religion of the Republic of Indonesia, 2019)

Meanwhile, the values of independence (self-reliance) and personal responsibility are reflected in the word of God:

إِنَّ ٱللَّهَ لَا يُغَيِّرُ مَا بِقَوۡمٍ حَتَّىٰ يُغَيِّرُواْ مَا بِأَنفُسِهِمۡ

Meaning: "Indeed, Allah will not change the condition of a people until they change what is in themselves."*(QS. Ar-Ra'd: 11)*(Ministry of Religion of the Republic of Indonesia, 2019)

In practice, the Panca Jiwa is not only taught theoretically, but is internalized through the daily lives of students, the exemplary behavior of educators, and a comprehensive care system (*total education system*) (Baiquni, 2018). Therefore, Panca Jiwa can be understood as a character education philosophy that is derived from Islamic values and is relevant to the development needs of the younger generation.

This concept was later adopted and developed by various Islamic boarding schools (pesantren) of Darussalam Gontor alumni, including the Darul Istiqamah Islamic Boarding School in Barabai and the Al Islam Agricultural Technology Islamic Boarding School in Tabalong. While these two Islamic boarding schools have different characteristics and educational focuses, they still prioritize the Five Souls as the foundation for character development in their students. This aligns with the Quranic injunction on the importance of brotherhood and harmonious social life:

إِنَّمَا ٱلۡمُؤۡمِنُونَ إِخۡوَةٌ

Meaning: "Indeed, the believers are brothers."*(Surah Al-Hujurat: 10)*(Ministry of Religion of the Republic of Indonesia, 2019)

However, academic studies specifically examining the Panca Jiwa philosophical

concept and its implementation in character development of students at Gontor alumni boarding schools, particularly using case study approaches, are still relatively limited. However, a philosophical understanding of the Panca Jiwa values is crucial to ensure that their implementation is not merely symbolic but truly shapes the students' personalities in a profound and sustainable manner (Editorial Team of Darussalam Gontor Modern Boarding School, 2014).

Therefore, this research is important to comprehensively examine how the Panca Jiwa philosophy concept of the Darussalam Gontor Alumni Boarding School is implemented in the character formation of students at the Darul Istiqamah Barabai Islamic Boarding School and the Al Islam Tabalong Agricultural Technology Islamic Boarding School, and to what extent these values shape the attitudes, behavior, and personalities of students in the life of the Islamic boarding school and society.

Based on the description above, the author is interested in studying it in depth and the author has written it in the title of this research, namely the Concept of the Panca Jiwa Philosophy of the Darussalam Gontor Alumni Boarding School in the Formation of the Character of Students (Case Study at the Darul Istiqamah Barabai Islamic Boarding School and the Al Islam Tabalong Agricultural Technology Islamic Boarding School).

B. Theoretical Basis

The Concept of Islamic Educational Philosophy

Islamic educational philosophy is a fundamental study of the nature, goals, and processes of education, rooted in Islamic teachings. Islamic education aims not only to transfer knowledge but also to shape individuals who are faithful, knowledgeable, and have noble morals (Madjid, 2017). From an Islamic philosophical perspective, education is directed toward realizing the whole person (*perfect person*) who is capable of carrying out the function as a servant of God (*Abdullah*) and the caliph on earth (*caliphate*) (Nata, 2015). The purpose of Islamic education is in line with the words of Allah SWT:

وَمَا خَلَقْتُ ٱلْجِنَّ وَٱلْإِنسَ إِلَّا لِيَعْبُدُونِ

Meaning: "I did not create the jinn and mankind except that they may worship Me." *(QS.*

Ad-Dhariyat: 56)(Ministry of Religion of the Republic of Indonesia, 2019)

The philosophy of Islamic education places spiritual, moral, and intellectual values as an inseparable unity. Character education in Islam is not an additional aspect, but rather the core of the entire educational process (Al-Attas, Syed Muhammad Naquib, 1995).

Islamic Boarding Schools as Character Education Institutions

Islamic boarding schools (pesantren) are the oldest Islamic educational institutions in Indonesia, possessing unique characteristics in their educational system (Zarkasyi, 2010). Pesantren not only serve as institutions for teaching religious knowledge, but also as vehicles for developing the character of students through collective life, discipline, exemplary behavior, and internalizing Islamic values in daily life (Dhofier, 2011).

The Islamic boarding school education system emphasizes the concept*total education* (*total education*), where all student activities, both formal and informal, have educational value. Boarding life, the relationship between students and the kiai, and the pesantren culture are the primary means of character formation. Values such as sincerity, simplicity, independence, and brotherhood are indirectly instilled in students through habituation and role models (Romdoni and Malihah, 2020).

Modern Islamic boarding schools, such as the Darussalam Gontor Modern Islamic Boarding School and its alumni boarding schools, develop an educational system that combines Islamic boarding school traditions with a modern approach, without abandoning Islamic values as the main foundation.

The Concept of the Five Souls Philosophy of Darussalam Gontor Modern Islamic Boarding School

Panca Jiwa is a philosophy of life and the foundation of educational values developed by the Darussalam Gontor Modern Islamic Boarding School. Panca Jiwa serves not only as a guideline for student behavior but also as a*philosophical framework*which animates the entire education system and management of the Islamic boarding school (Baiquni, 2018). The five values are as follows:

Soul of Sincerity

Sincerity is a fundamental value in Islamic education. The spirit of sincerity teaches students to act selflessly, solely for the sake of Allah SWT. This value is the primary spirit in all Islamic boarding school educational activities, for both students and educators (Baiquni, 2018). Sincerity aligns with the word of Allah SWT in*QS. Al-Bayyinah verse 5*(Ministry of Religion of the Republic of Indonesia, 2019):

وَمَآ أُمِرُوٓاْ إِلَّا لِيَعۡبُدُواْ ٱللَّهَ مُخۡلِصِينَ لَهُ ٱلدِّينَ

In the context of character education, sincerity forms the character of students who are honest, trustworthy, and responsible.

The Soul of Simplicity

Simplicity in the Panca Jiwa (Five Souls) is not interpreted as poverty, but rather as a lifestyle of proportion, moderation, and self-control. These values teach students to live disciplined, humble, and resilient lives in various life situations (Baiquni, 2018).

Simplicity reflects the Islamic teachings about balance in life (*moderate*), as affirmed in the Qur'an in*QS. Al-Baqarah ayat 143*(Ministry of Religion of the Republic of Indonesia, 2019):

وَكَذَٰلِكَ جَعَلۡنَٰكُمۡ أُمَّةٗ وَسَطٗا

Self-Reliant Spirit (Independence)

The spirit of self-reliance teaches students not to depend on others, either personally or institutionally. Students are trained to manage themselves, their time, and their responsibilities independently (Baiquni, 2018). This value of independence aligns with the word of Allah SWT in*QS. Ar-Ra'd verse 11* (Ministry of Religion of the Republic of Indonesia, 2019):

إِنَّ ٱللَّهَ لَا يُغَيِّرُ مَا بِقَوۡمٍ حَتَّىٰ يُغَيِّرُواْ مَا بِأَنفُسِهِمۡ

In character formation, an independent spirit gives birth to students who are confident, resilient, and ready to face life's challenges.

The Soul of Islamic Brotherhood

Islamic brotherhood is a value of brotherhood that emphasizes togetherness, solidarity, and mutual respect among fellow students. Collective life in Islamic boarding schools is the primary means of instilling this value (Baiquni, 2018). Allah SWT says

in*QS. Al-Hujurat verse 10*(Ministry of Religion of the Republic of Indonesia, 2019):

إِنَّمَا ٱلْمُؤْمِنُونَ إِخْوَةٌ

The value of brotherhood forms the social character of students who are tolerant, caring, and able to live harmoniously in a diverse society.

Free Soul

The free spirit in the Panca Jiwa (Five Souls) is defined as the freedom to think, express opinions, and determine one's future, while remaining within the bounds of Islamic values and moral responsibility. This freedom encourages students to be critical, creative, and visionary (Baiquni, 2018).

This value of freedom is related to intellectual and moral responsibility, as emphasized in Islam that humans are given reason to think and choose consciously.

Character Formation of Santri Students

The character of students is the result of a continuous process of internalizing Islamic values within the Islamic boarding school environment. Character formation encompasses aspects of attitude, behavior, morals, and personality, which are reflected in the students' daily lives.

In the context of the Darussalam Gontor alumni Islamic boarding school, the character formation of students is carried out through:

1. Exemplary (*good deeds*) from kiai and educators
2. Inculcating the values of Panca Jiwa in Islamic boarding school life
3. Discipline and collective responsibility
4. Integrated education system between formal and non-formal (Zarkasyi, 2010)

The values of Panca Jiwa are the main foundation in forming the character of students who are religious, independent, disciplined, responsible, and have social concern.

The Relevance of the Five Souls in the Darussalam Gontor Alumni Boarding School

Darussalam Gontor alumni Islamic boarding schools, including Darul Istiqamah Barabai Islamic Boarding School and Al Islam Tabalong Agricultural

Technology Islamic Boarding School, use Panca Jiwa as the philosophical basis for managing their education and fostering their students (Zarkasyi, 2005). Despite their unique characteristics, both boarding schools internalize the values of Panca Jiwa as the spirit of character education.

C. Method

The research method used in this study is qualitative research with a case study approach (Moleong, 2019), because this study aims to understand in depth the philosophical concept of Panca Jiwa of Pondok Alumni Darussalam Gontor in the formation of the character of students in the natural context of the Darul Istiqamah Islamic Boarding School in Barabai and the Al Islam Agricultural Technology Islamic Boarding School in Tabalong. The research data consists of primary data and secondary data (Sugiyono, 2018), where primary data is obtained from the head of the boarding school, caretakers, ustaz, and students through direct interaction, while secondary data is sourced from boarding school documents, books, scientific journals, and archives relevant to Panca Jiwa and character education. Data collection techniques are carried out through observation, in-depth interviews, and documentation (Arikunto, 2013). Furthermore, data processing and analysis techniques are carried out through the stages of data reduction, data presentation, and drawing conclusions using descriptive-analytical analysis (Sugiyono, 2018). The validity of the data is guaranteed through triangulation techniques of sources and techniques, diligent observation, and re-checking of the data with informants (*member check*) to ensure the validity and credibility of research findings (Sugiyono, 2018).

D. Result and Discussion

Research result

1. Overview of the Implementation of the Panca Jiwa at the Darul Istiqamah Barabai Islamic Boarding School and the Al Islam Tabalong Agricultural Technology Islamic Boarding School

Based on observations, interviews, and documentation, both Darussalam Gontor alumni Islamic boarding schools implement the Panca Jiwa as the foundation of values in the education and character development of students. The

Panca Jiwa is written in the official documents of the boarding school and internalized through the boarding school culture, daily student activities, and the exemplary behavior of leaders and ustaz. Although the educational focus differs, Darul Istiqamah Barabai emphasizes religious and spiritual education, while Al Islam Tabalong emphasizes the integration of religious education with agricultural and entrepreneurial skills. The Panca Jiwa values remain the consistent spirit of character education.

2. Implementation of the Panca Jiwa Values in the Formation of the Character of Islamic Students

Soul of Sincerity

Students carry out their religious activities, study, and serve the boarding school selflessly. The value of sincerity is instilled in daily activities, such as on duty, managing the dormitory, and providing social services. The ustaz and guardians instill this value through example, emphasizing that every action must be intended solely for Allah SWT.

The Soul of Simplicity

Students live a simple lifestyle, with limited but adequate facilities at the boarding school, and discipline instilled from the outset. This simplicity fosters humility, non-consumptive behavior, and the ability to control one's desires.

Self-Reliant Spirit (Independence)

Students are trained to independently manage their time, assignments, and personal needs. At Al Islam Tabalong, agricultural and entrepreneurial activities serve as a means of cultivating a spirit of self-reliance. Students learn responsibility, complete tasks independently, and develop problem-solving skills.

The Soul of Islamic Brotherhood

The brotherhood among the students is very strong. Students are accustomed to helping each other, working together, and solving problems through deliberation. Boarding school life fosters empathy, tolerance, and solidarity, ensuring that differences in background do not become barriers to unity.

Free Soul

Students are given space to think critically, express their opinions, and develop their potential, but are still guided to ensure their freedom of thought does

not violate Islamic values and Islamic boarding school discipline. These values foster creativity, innovation, and readiness to face the challenges of the modern era.

3. **The Impact of the Implementation of the Panca Jiwa on the Character of Students**

The implementation of the Five Souls contributes to the development of students' character, including religiousness, discipline, independence, responsibility, social awareness, and self-confidence. These traits are reflected in the students' daily behavior, both within the Islamic boarding school and in the community.

Discussion

1. **Overview of the Implementation of the Panca Jiwa at the Darul Istiqamah Barabai Islamic Boarding School and the Al Islam Tabalong Agricultural Technology Islamic Boarding School**

The research results show that Panca Jiwa is not just a motto, but an educational philosophy that inspires all of the Islamic boarding school's activities. This aligns with Islamic educational philosophy, which emphasizes the integration of spiritual, moral, and intellectual values in shaping the whole person (*perfect person*).

The differences in the focus of Islamic boarding schools do not diminish the relevance of the Panca Jiwa; in fact, these values are flexible and can be adapted to various educational contexts, both purely religious and those integrating vocational skills. This finding reinforces the view that Gontor alumni Islamic boarding schools have holistic educational characteristics in line with the concept.*total education*(total education) in Islamic boarding schools.

2. **Implementation of the Panca Jiwa Values in the Formation of the Character of Islamic Students**

Soul of Sincerity

The value of sincerity is the basis of all student activities. The practice of sincerity is in accordance with*QS. Al-Bayyinah verse 5*:

وَمَآ أُمِرُوٓاْ إِلَّا لِيَعۡبُدُواْ ٱللَّهَ مُخۡلِصِينَ لَهُ ٱلدِّينَ

This demonstrates that character education is not only cognitive but also spiritual. Students who habitually perform charitable acts with sincere intentions will internalize the values of honesty, trustworthiness, and responsibility.

The Soul of Simplicity

Simplicity teaches students to live frugally and modestly, forming a humble character. According to the concept of Islamic educational philosophy, simplicity (*moderate*) is part of the balance of life (*balance*). This finding shows that the boarding school environment is effective in developing self-discipline and controlling lust.

Self-Reliant Spirit (Independence)

The independence of students shows the implementation of the principle*man as caliph*(QS. Ar-Ra'd: 11), where students learn to be responsible and able to change themselves. Agricultural and entrepreneurial activities at Al Islam Tabalong become real practices of character learning, reinforcing the theory that character education must be experience-based (*experiential learning*).

The Soul of Islamic Brotherhood

The values of brotherhood and solidarity reinforce the theory that character education is also social. Boarding school life fosters collective interactions that foster empathy, tolerance, and caring. This aligns with the concept of Islamic boarding schools as moral educational communities that shape the social character of their students.

Free Soul

A free spirit within the framework of Islamic values fosters creativity, innovation, and critical thinking. These findings suggest that students who are given the space to think freely can still be guided to internalize religious values, allowing character education to balance intellectual freedom and moral responsibility.

3. The Impact of the Implementation of the Panca Jiwa on the Character of Students

The research results strengthen the theory that the values of the Panca Jiwa act as a foundation for character formation holistic. Students accustomed to the Panca Jiwa have a character that is religious, disciplined, independent, socially aware, and self-confident. This finding is consistent with the views of Al-Ghazali and Abuddin Nata that character education must be based on integrated spiritual, moral, and social values. Overall, Panca Jiwa proves its flexibility as a relevant educational philosophy for modern Islamic boarding schools, both in the context of pure religious education and religious education combined with life skills or entrepreneurship.

Conclusion

Based on the results of the research and discussion, it can be concluded that the Panca Jiwa Philosophy Concept of the Darussalam Gontor Alumni Islamic Boarding School is consistently implemented in the Darul Istiqamah Barabai Islamic Boarding School and the Al Islam Tabalong Agricultural Technology Islamic Boarding School, both in the daily lives of students and in the management of the boarding school. The values of Panca Jiwa such as sincerity, simplicity, independence, Islamic brotherhood, and a free spirit are internalized through the example of educators, daily habits, and an integrated education system, so that they are able to shape the character of students who are religious, disciplined, independent, responsible, socially concerned, and self-confident. This finding shows that Panca Jiwa is not just a motto, but a holistic and relevant character education philosophy, able to be applied in various contexts of modern Islamic boarding school education without reducing Islamic values as a moral and spiritual foundation.

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